



Dealing With the Unprecedented: Mental Health in COVID Crisis

At a time when attempts to live a normal life seem to have become a mountainous challenge, when a tsunami of human suffering is encompassing us, when everyday human contact has become a hazard – loneliness, fear, anxiety, despair, gloom are creeping in – rendering us numb. This is a time to turn to the experts to seek advice on how to deal with this unprecedented situation, how to process grief, trauma, isolation, and face the crisis with courage.

Department of Linguistics, University of Calcutta
has organised a web-based interactive session on this issue

on **10th May, 2021, 7 PM – 8 PM IST**, with



Dr. Gautam Kumar Bandyopadhyay

Professor and Head, Department of Psychiatry,
Medical College and Hospital, Kolkata

This discussion will be streamed live on YouTube in the link given below. Interested participants may post their questions on the issue during the live programme.

However, it would help us if you can drop your questions here

<https://forms.gle/K1QtBK6u6GAN5tvk9>

or *send us a message* on our Facebook page:

<https://www.facebook.com/culinguisticsdept> by 07/05/2021. We shall place them before Dr. Bandyopadhyay for his advice.

The webinar will stream **LIVE** on YouTube

YouTube Link : <https://www.youtube.com/watch?v=ayWQ8IfuVsE>