

UNIVERSITY OF CALCUTTA
FACULTY ACADEMIC PROFILE/CV



Full name of the faculty member: Dr. Ushri Banerjee

Designation: Associate Professor

Academic Qualifications: MPhil (Clinical Psychology), PhD

Specialization: Clinical Psychology

Contact Information:

Dept. of Applied Psychology, 92, A.P.C. Road. Kolkata.

ushribanerjee@gmail.com

Academic Qualifications:

College/University/ Institute	Degree
Gokhale Memorial Girls' College, C.U	B.Sc. (Psychology)
Dept of Psychology, C.U.	M.Sc. (Psychology)
CIP, Ranchi University	M. Phil. In Clinical Psychology
Applied Psychology, C. U. Psychology)	PhD

Positions Held

Co-ordinator, M.Phil in Clinical Psychology Course, University of Calcutta

Deputy Co-ordinator for DRS-SAP II Project ,UGC

Joint Co-ordinator for P.G. Diploma in Rehabilitation Psychology Course
(RCI recognised)

Positions Currently Holding

Core Faculty, MPhil in Clinical Psychology, CPCUC, University of Calcutta

Joint Co-ordinator for Adolescent Health Clinic & Anwasha Clinic (in
collaboration with Dept of H & FW, Govt of West Bengal), Dept of Applied
Psychology

Joint Coordinator, Service Program Unit, Dept of Applied Psychology

Research Interests

Clinical Psychology (with special interest in children and adolescents)

Stress Management
Psychotherapy
Positive Psychology

Research Guidance

Guidance for MPhil (Clinical Psychology) Dissertation - 13
PhD Awarded-2, Ongoing-4

Projects

ICMR Extra Mural Small Grant Scheme, 2024 (P.I.) 3-year Project titled "Feasibility and short-term outcomes of a locally adapted life-skills intervention in adolescents experiencing chronic adversities: A multi-site study.

Workshop completed under RUSA 2.0 University of Calcutta (Joint Coordinator), 2023

Joint Coordinator -DRS-SAP II (2015-2020), UGC

Select List of Publications

Barua, C., Banerjee, U., Mukherjee, S., & Mitra, S. (2023). Alleviation of Children's Emotional and Behavioural problems with play based intervention. *Indian Journal of Health and Well Being*. 14 (1), 64-68.

Mukherjee, C. & Banerjee, U. (2022). A comparative study of executive functioning and personality of young adults with alcohol use disorder and internet gaming disorder. *Mind and Society*. Vol 11 (II), 90-98.

Paul, O., Chaudhuri, A. & Banerjee, U. (2022). A study to assess the impact of gender and psychiatric distress on coping responses and levels of anxiety, depression and suicidal ideation in undergraduate medical students. *Journal of the Scientific Society*. Vol 49 (2), 140-147.

Roy, V. & Banerjee, U. (2022). A comparative study to explore the presence of alexithymia and relational aggression among different professions. *International Journal of Science and Engineering Development Research*. Vol 7 (11).

Bhattacharya B. & Banerjee, U. (2022). Exploring burnout in clinical psychologists: Role of personality, empathy, countertransference and compassion fatigue. *Indian Journal Of Psychiatric Nursing*. Vol 19, 117-124.

Banerjee S. & Banerjee U. (2021). Effect of cognitive training on cognitive flexibility and non-verbal memory of individuals with OCD- A pre-post study. *The International Journal of Indian Psychology*. Vol 9(3).

Roy, V. & Banerjee, U. (2021). Dark Triad as a predictor of relational aggression. *The International Journal of Indian Psychology*. Vol 9(2).

Mukherjee, U.; Basu J. & Banerjee, U. (2021). Interpersonal Psychotherapy on Borderline Personality Disorder: a Case Study. *Indian Journal of Health Social Work*. Vol 3 (1), 41-49.

Choudhury, P & Banerjee, U. (2020). Nature of Anger, Life Event Stress, Conflict and Defense Mechanism Among Individuals Having Peptic Ulcer: A Comparative Study. *Psychological Studies*. 65,285-295

Mukherjee, U.; Basu J. & Banerjee, U. (2019). Attachment, aggression orientation and emotion regulation in patients with borderline personality disorder- An interpersonal perspective. *Humanities and Social Science Studies*, Vol. 8 (1).

Mukherjee, C. & Banerjee, U.(2019). A Comparative Study of Personality, Stress and Coping in Females with Polycystic Ovary Syndrome and Normal Healthy Females. *Journal Of Psychosocial Research*. Vol 14 (1) ,113-122.

Bandopadhyay, A. & Banerjee, U (2019). A study to assess personality, social adjustment and social desirability of young adults who post their selfie on social media. *International Journal of Social Sciences Review* Vol 7 (5-III).

Book Chapters:

Banerjee U & Roy, S. (2024) In Singh & Jha (Eds.) *Cognitive Behaviour Therapy Approaches: A Practitioner Guide*. Walnut publication. 145-156
Psychological Trauma: Concept, types and changes, psychological disorders and treatment. In *Entitlement, Equality and Mental Health: Contemporary psychosocial perspectives*. (2020) Barnani Prakashani. ISBN:978-81-948101-1-7

Issues and challenges in targeted interventions. In *Entitlement, Equality and Mental Health: Contemporary psychosocial perspectives*. Barnani Prakashani. ISBN:978-81-948101-1-7

CBT For Depression: An Overview. In *Psychopathology and Psychotherapy*. Levant Books (2020). ISBN: 978-93-88069-40-3

Membership of Learned Societies

Professional Life Member, Indian Association of Clinical Psychologists

Life Member, Rehabilitation Council of India (RCI)

Life Member, SIS Inkblot Society

External Expert for RAC at KNU and St. Xavier's University

Associated with Kazi Nazrul University, Adamas University, Amity University, Sister Nivedita University for different academic activities

Select list of lectures as an invited speaker

Title of Lecture	Title of Conference /Seminar	Organised by
Using the Rorschach with Children and Adolescents	3 day National Workshop on "Rorschach Comprehensive System; Clinical Application and Recent Advancements"	Dept of Applied Psychology, Kazi Nazrul University, W.B., 2024
Coping with Stress during Examinations	IQAC Seminar	Loreto College , Kolkata, 2024
Behavioural addictions; Overview	Seminar on World Mental Health Day	Dept of Psychology & IQAC, Bijoy Krishna Girls' College, Howrah,2024
Long term consequences of COVID and its psychological implications	3 day workshop on Behavioural Medicine- Assessment & Management Approach- RCI-CRE	Institute of Psychiatry, Kolkata,2023
"Managing ODD and Conduct disorders in Children and Adolescents- Evidence base	CME on 'Child & Adolescent Psychiatry - Building better Brains for the future'	Institute of Neurosciences, Kolkata, 2022
Challenges faced by modern youth and pathways to well being	One Day Special Lecture	Department of Psychology Vivekananda College For Women,2022
Counselling and Stress Management	Short Term Course	UGC- HRDC, J.U.,2021

Depression	IQAC Webinar	Lady Brabourne College, 2020
Coping Emotionally with COVID-19	IQAC Webinar	Vivekananda College, Kolkata, 2020
Psychological Wellbeing	Webinar on “Psychological Wellbeing during the pandemic: Strategies & Challenges	Acharya Prafulla Chandra College, Kolkata, 2020
The Pandemic and Beyond	IQAC Webinar	Hiralal Mazumdar Memorial College
Moving beyond Recovery- generating optimism, hope and resilience	State Level Conference on Cognitive Therapy and Beyond (RCI-CRE)	Institute of Psychiatry, Kolkata, 2019
Technique of play therapy	National level workshop on Play Therapy (RCI-CRE)	AYJNISHD and IIP, Kolkata, 2019

Other Contributions and Activities

Master Trainer for HIV-AIDS Counsellors under the GFATM-7 Project (WHO), Dept. of Applied Psychology, C. U.

Resource Person for WB-SACS and Department of Applied Psychology organized Training Programmes for HIV-AIDS Counsellors & Anwasha Clinic Counsellors held in Kolkata from 2009 till date.

Have contributed towards development of a Training Module for Anwasha Clinic Counsellors (under UNICEF & WB Health Dept), Dept. of Applied Psychology, C.U.

Reviewer for Springer and Sage Journals

Paper Setter and Examiner for Amity University, Sister Nivedita University, Kazi Nazrul University, Adamas University

Board of Studies member of Macaut University

External Expert of RAC at KNU and St. Xaviers University