

FACULTY ACADEMIC PROFILE/CV



University of Calcutta



Full name of the faculty member: Dr. Ishita Chatterjee
Designation: Associate Professor
Specialization: Industrial & Organizational Psychology

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Academic Qualifications:

<i>College/University</i>	<i>Abbreviation of the degree</i>	<i>Year</i>	<i>Specialization</i>
Gokhale College (University of Calcutta)	B.Sc. in Psychology	1993	-
University of Calcutta	M.Sc. in Applied Psychology	1995	Industrial & Environmental Psychology
University of Calcutta	Ph.D. Awarded	2004	“Stress Management”

Positions held/holding:

S/L No.	Designation	Name of the Employer	Date of Joining	Date of Leaving
a.	Lecturer in Psychology Deptt. of Psychology (Asst. Professor Grade – I)	B.K. Girls' College (Affiliated to University of Calcutta)	01.07.2002	30.06.2006
b.	Senior Lecturer (Asst. Professor Grade – II)	B.K. Girls' College (Affiliated to University of Calcutta)	01.07.2006	31.08.2008
c.	Assistant Professor Grade – II Deptt. of Applied Psychology	University of Applied Psychology	01.09.2008	31.01.2017
d.	Associate Professor Deptt. of Applied Psychology	University of Applied Psychology	01.02.2017	-

In Addition:

- Coordinator of Post P.G. Diploma of School Counseling.
- Head of the Department of Applied Psychology, University of Calcutta (2015-2017).

Research Interests: Organizational Behavior, Environmental Psychology, Stress Management.

Research Guidance:

- No. of researchers Ph. D. Awarded: 3 (1- waiting certificates)
- No. of researchers Ph. D. Submitted: 1
- No. of researchers pursuing Ph. D: 4

Projects:

- **Completed Projects:**

Sl. No.	Title	Agency	Period	Year	Grant / Amount Mobilized
1.	Stress, Suicidal Ideation and Meaning in Life in College students (female).	UGC Minor	2 years	2008-2009	67,000/-
2.	Enhancement of Motivation, Organizational Commitment and OCB of Employees.	Himadri Chemicals & Industries Limited	1 year	2014-2015	40,000/- including contingency
3.	Work Stress, Coping Strategies, Aggression and Mental Health Status of Auto rickshaw Drivers in and around Kolkata (F No 02/34/2015-16/ICSSR/RPR.	ICSSR	12 months	2015-2016	3,00,000

Selected list of Publications:

A) Journals:

S/L No.	Title with Page No.	Journal, Volume and Year	ISSN/IBBN
1.	Organizational role stress, coping styles and cognitive style towards the development of wellbeing among BPO professionals, Pg 105-113.	2011, International Journal of Management Research and Review, Vol-1, Issue-3, Article No.-12.	2249-7196
2.	Gender in-equity in Indian education hindrance to inclusive growth Pg 6-9	2011, Towards Excellence, A journal of Higher education, Vol-3, No.-1	0974-0356
3.	Quality of work life as a determinant of mental health, a study on IT employees Pg No-5-13	2012, The International Research Journal of Social Science and Management, 2012, Vol-2, No.8	2251-1571
4.	Corporate Social Responsibility and Indian Industries Pg 2056-2061	2012, Journal of Management Research and Review, vol-02, Issue-12, Article No-5	2249-7196
5.	Relationship between compulsive use of internet and some personality characteristics of college students, Pg 146-150.	2012, Quest International Multi disciplinary Research Journal Vol-1, Issue-2.	2278-4497
6.	Entrepreneurial Potential and Emotional Intelligence of Potential Entrepreneurs, Pg 3-4.	2013, Global Research Analysis, vol-2, Issue-3.	2277-8160
7.	Exploring the relationship between test anxiety and academic achievement of adolescent students' pg 14-21.	2013, Edulight, Vol-2, Issue-3.	2278-9545
8.	Perception of Academic Expectation of parents among high school boys and girls and their psychological consequences. Pg 1-13.	2013, International Journal of Multidisciplinary Educational Research, Vol-2, Issue-1.	2277-7881
9.	Role of personality traits in litigation prediction of lawyers, Pg 35-41.	2014, International Journal of Advanced Research in Management and Social Sciences, Vol-2, Issue-3.	2278-6236
10.	Perception of Stressful Life events and Coping Strategies of Depressed and Non-Depressed persons, Pg 37-43.	2014, Global Academic research Journal.	2347-3592
11.	Some correlates of pro-environmental behavior, Pg. 156-161.	2015, Special issue of Journal of Indian Academy of Applied Psychology (In memory of Prof. Akhtar), Vol.-1, No.-3.	0019-4247
12.	Cognitive styles as predictors of Managerial Effectiveness: A study of Private sector Managers from	2015, International Journal of Indian Psychology, Vol.-3, Issue.-2, No.- 8.	2348-5396 (e) 2349-3429 (p) ISBN: 978-1-329-

	Manufacturing Industries, Pg. 36-43.		95395-6
13.	Intrinsic Motivation, Emotional Intelligence and Perceived Organizational Citizenship Behavior among employees in service organization, Pg. 33-43.	2015, Prabandhan: Indian Journal of Management, Vol-8, Issue.-12.	0975-2854
14.	Relationship between materialistic value, spiritual oneness belief and physical oneness belief with happiness: A study on young professionals, Pg. 245-248.	2015, Indian Association of Health, Research and Welfare Vol.-6, Issue-3.	2229-4937 (p) 2321-368X (e)
15.	Relationship between Personality factors and willingness to spend in Fast Moving Consumer goods- A study on Young adults of West Bengal, India Pg. 167-177.	2015, GE- International Journal of management research, vol-3, Issue-5.	2321-1709
16.	The impact of motivational factors on Job Satisfaction of Public and Private sector Bank Employees, Pg. 51-57.	2015, International Journal of Science Technology and Management, Vol.-4, Issue No.-1.	2395-1537
17.	Factors related to Psychological well-being among engineering, medical and general male students, Pg. 6-16.	2015, Research Expo- International Multidisciplinary Research journal, Vol-5, Issue-8.	2250-1630
18.	Perceived Sexual Abuse and Quality of Life of female workers of unorganized sector: An exploratory study from four districts of West Bengal, Pg. 13-29.	2015, International Journal of Indian Psychology, Vol-3, Issue-1, No-4.	2349-3429
19.	Cognitive styles of Humanities, Commerce and Science students- A study on Higher Secondary Students from West Bengal, Pg. 20-29.	2016, International Journal of Indian Psychology, Vol-3, Issue-2.	2349-3429(p) 2348-5396 (e)
20.	Computational Analysis of Ultra Structural Images of Red Blood Cells.	2016, Journal of Oncology Translational Research, Vol-1, Issue.-1.	ISSUI, 1000104 ISSN JOTR ISSN: 2476-2261
21.	Interpersonal Relationship Needs of Employees of Private and Public Sector Organizations: A FIRO Perspective, Pg. 5-22.	2016 (July), Prabandhan: Indian Journal of Management, Vol.-9, Issue -7.	ISSN 0975-2854
22.	Comparative Study of Depressed and Non-Depressed Young Adults Regarding Attachment Style, Pg. 17-21.	2016 (June), IOSR-JHSS, Volume - 21, Issue - 6, Ver. - 5.	E-ISSN: 2279-0837, p-ISSN: 2279-0845.
23.	Time Management Skill, Work-Family and Family-Work Conflict and Job Satisfaction of Male pathology technicians in private and government	2017 (July), IJETMAS, Volume - 5, Issue- 7.	ISSN 2349-4476

	Laboratories, Pg. 417-426.		
24.	The cognizable crime of domestic abuse and its effect on quality of life: A study on the female workers of the informal sector of West Bengal,	2017 (September), IAHRW International Journal of Social Sciences Review, Volume -5, Issue-3.	ISSN 2347-3797
25.	Level of Job Satisfaction, Motivation (Intrinsic and Extrinsic) and Organizational Commitment, Of Nurses Working in Public and Private Hospitals, Pg.	2017 (July - September), International Journal of Indian Psychology (IJIP), Vol. 4, (4), DIP:18.01.139/20170404, DOI:10.25215/0404.139.	ISSN 2348-5396
26.	Morality and Valued Living: A Study across Age, Gender and Socio-Economic Status, Pg. 490-494.	2017-12-01, Indian Journal of Positive Psychology, Vol- 8, No- 4.	ISSN 2321-368X
27.	Physical and Psychological Symptoms, Work-Family Conflict and vice versa and Job Satisfaction of Male Pathology Technicians in Private and Government Laboratories.	2018 (March), Journal Of Indian Health Psychology (JIHP), vol. 12 (2).	ISSN: 0973-5755
28.	Mental Health Status and Quality of Sleep of Critical Ward and General Ward Nurses, Pg. 823-828.	2018 (June), Indian Journal of Health and Wellbeing (IJHW), Vol.- 9, Issue- 6.	ISSN 2321-3698
29.	Quality of sleep and cognitive failure of critical ward and general ward nurses, Pg. 646-649.	2018-06-01, i-scholar, Vol.-9, No.- 4.	ISSN-p-2229-5356,e-2321-3698
30.	Job Satisfaction and Organizational Commitment of Employees Working in the Hospitality Industry of West Bengal.	2019 (March), International Journal of Humanities and Social Science Invention (IJHSSI), vol. 8 (3).	UGC Approved Serial Number: 4593 & UGC Journal Number: 47449
31.	Occupational hazards & shifts of profession of fisherman & crab collectors of Sundarban region, Pg. 104-113.	2019 (May), International Journal Of Research and Analytical Reviews (IJRAR), vol.- 6, Issue – 2.	E-ISSN 2348-1269, P- ISSN 2349-5138
32.	A Short Study On The Levels Of Relational Aggression Among Undergraduate Male And Female Students In A Metropolitan City (Kolkata).	2019 (May), The Research Journal of Social Sciences, volume - 10, number- 5.	ISSN 0025-1348 (P), 2456-1356 (O)

33.	Facing and recovering the sick industrial condition: a case study based on the suspension of work in a composite textile mill at West Bengal, India, Pg. 13-27.	2019 (July-Sept), IJBMAS, Vol.6.Issue.3.	E-ISSN 2348-1269, P- ISSN 2349-5138
34.	A Study based on groups comprising Undergraduate students only, determining the influence of differing group formation and leadership styles (both self-selected and imposed in nature) upon communication satisfaction, decision-making styles and team effectiveness.	2019, JETIR1908B56 Journal of Emerging Technologies and Innovative Research (JETIR), 434 A.	Corpus ID: 215798050 .
35.	Relationship Between Workplace Ethics and Moral Foundation, Motivational Factors, Need for Uniqueness Among It Professionals.	Journal of Psychometry, -A Bi-annual, Referred and Peer Reviewed Journal (UGC approved: 45155). Vol.33, January-June 2019. No 1	ISSN No: 0971-6939
36.	FIRO Based Understanding of Interpersonal Relationship: Orientation of The Employees	SCMS journal of Indian Management, Vol. XVI, No. 4, 2019 (Oct.-Dec.) Page No. 87-101 [Anx-VII]	ISSN: 0973-3167
37.	Effects of Vitamin-D Deficiency on Mental Health: A Comparative Study on Young Adults and Middle-Aged Females.	2020 (July), International Research Journal of Human Resource and Social Sciences, Volume-8, Issue - 07.	ISSN(O): (2349-4085) ISSN (P): (2349-4085).
38.	Exploring the psychological correlates that affect the attitude towards the use of artificial intelligence in healthcare, among doctors	2020 (October), International Journal of Creative Research Thoughts (IJCRT), Volume-8, Issue-10.	ISSN:2320-2882
39.	Impact of Pranayama, Hatha Yoga and Raja Yoga Meditation on Executive Function and Metacognitive Regulation.	International Journal of Scientific Development and Research (IJS DR), Volume 5, Issue – 11; November 2020	UGC Approves ISSN: 2455-2631
40.	Empowerment of women through Facebook groups: a case study.	International Journal of Management (IJM) Volume – 12, Issue – 1; 2021	ISSN(P):0976-6502 ISSN(O):0976-6501
41.	Construction of scale to assess the attitude towards digital money among Indians.	International Journal of current sciences (IJCSPUB), Volume 12, Issue – 3 (2022)	ISSN: 2250-1770
42.	Relationship between Workplace friendship, Interpersonal Communication and Job Satisfaction among College Faculties.	International Journal of Creative Research Thoughts (IJCRT), Volume 10, Issue – 8, August, 2022	UGC Approved ISSN: 2320-2882

43.	Financial Stress Audit and Need for financial Counselling during Inflation.	IOSR Journal of Business and Management (IOSR – JBM), Volume 24, Issue – 8. Ser. IV; (August, 2022)	e-ISSN: 2278-487X, p-ISSN: 2319-7668
44.	Employee Well-being: A Comprehensive Overview in Indian Post-COVID context	Journal of Software Engineering and Simulation Volume 10-Issue 3 (2024) pp: 40-46 (March, 2024)	ISSN (Online): 2321-3795 ISSN (Print): 2321-3809
45.	Unveiling the Nexus Exploring the impact of Work Spirituality on Employee Engagement in Private Organization.	Indian Journal of Psychology, April, 23,2024	ISS No-0019-553

B) Books/Book Chapters:

S/L No.	Title with Page No.	Book Title, Editor and publisher	ISSN/IBBN
1.	Psychological Distress in varied Gerontological Caregivers Pg No-417-429.	Stress and Health- Emerging Trends and Challenges- edited by Dr. Ajay Pratap Singh, Alfa Publisher.	ISBN 978-93-81465-39-4
2.	Family stress concepts and manifestations pg No-440-452.	Stress and Health- Emerging Trends and Challenges- edited by Dr. Ajay Pratap Singh, Alfa Publisher.	ISBN 978-93-81465-39-4
3.	Effect of Anulom Vilom Pranayama on the problem behavior of Adolescents with Mild Mental Retardation Pg No. 214-229.	New perspectives of Mental Disorders.	ISBN:978-81-7625-910-1
4.	Perceived Consequences of Micro Inequity in Workplace for a Sustainable Workforce. A study on Indian IT solutions and BPO Professionals.	Contemporary Management Practices Publisher, Routledge, India (Taylor & Francis), December 2023	–
5.	Academic Achievement and Domestic Violence	Encyclopedia of Domestic Violence, Springer Nature, January 2023	–
5.	Perceived Consequences of Micro Inequity in Workplace for a Sustainable Workplace (PP 116-131)	Perspectives in Human Resources, January 2024. Doi4324/9781032668925-13	–
6.	Dharma	Encyclopedia of Religious Psychology and Behavior, Springer Nature Publisher (2024)	–

C) Books published as single author or as editor:

Sl No.	Title with page no.	Type of book & authorship	Publisher & ISSN/ISBN No.	No. of co-authors
1.	Proceedings of the 88th orientation program approx. 200 pages (2011).	Proceedings	UGC Sponsored Academic Staff College, C.U.	2
2.	Proceedings of the 95th orientation program approx. 200 pages (2012).	Proceedings	DO	2

3.	Human Resource Development-A synthesis of interdisciplinary approaches.	Book of compiled paper	DO	2
4.	a) The impact of quality of work life on organizational commitment of the employees of information technology and non-information technology sector Pg. 37-43. b) Relationship between spirituality and occupational stressors and general wellbeing: A study on executive working in multi-national companies in metropolitan cities of India, Pg 31-36.	Paradigm shift in Business Practices & Corporate Management- Proceedings of the National Seminar organized by Institute of Business Management, The National Council of Education, Bengal.	ISBN-978-93-84106-23-2 Levant Books	2
5.	Monobidyar Prothom Kotha, 216 pages.	Monobidyar Prothom Kotha, D. I Chatterjee, Dr S. Mitra, Kundu & Kundu Grandsons.	978 – 93 – 81465 - 39	2
6.	Academic Achievement and Domestic Violence	Encyclopedia of Domestic Violence, Springer Nature; January, 2023	–	2

D) Conference/Seminar volume:

SI No.	Title with Page No.	Year	Details of Conference Publication	ISSN/ISBN No.
1.	A study of ethical leadership	2012	1st International Online Conference on Psychology & Allied Sciences	2229-5356
2.	Green Human Resources: An effort towards Environmental Sustainability.	2013	International Conference on Environment & its impact on Society	978-93-5126-892-5

3.	Theoretical Approach to Develop Psychological Capital-Way to empower individuals for high performance	2015	National Conference on “Skilling for tomorrow”	Kindler, Vol-15, No.2 ISSN 0973-0486
4.	Family Supportive Supervisor Behaviour and Psychological Well-being of House Staffs and Doctors in Government Hospitals (Published Abstract).	2019 (March)	Proceedings Innovations and Practices in Business for Sustainable Growth” ICMBP (2019)	ISBN: 978-93-84667-20-7
5.	Job Satisfaction & Job Embeddedness of Indian IT employees, those who have returned home after completion of on-site project in abroad and those who have remained in overseas.	31-08-2019	1-Day International Conference on Growing Dynamism in Business Environment (ICGDBE 2019)	ISSN: 2339-0099, Vol.-II, Issue-2, - December, 2019, Management Mirror, Journal of Institute of Business Management.
6.	Influence of differing group formation styles (both self-selected and imposed) but similar nature of leadership (self-selected) on communication, decision-making styles, and team effectiveness: A study based on groups of undergraduate and postgraduates’ students.	31-08-2019	-DO-	ISSN: 2339-0099, Vol.-II, Issue-2, - December, 2019, Management Mirror, Journal of Institute of Business Management.
7.	An exploratory study on emotional intelligence, self-esteem, and risk-taking behavior on Food delivery executives of Kolkata.	31-08-2019	-DO-	-

Membership of Learned Societies:

- A member of the editorial board of Quest Journal.
- A member of the Systems Biology and Translational Research.

Invited Lectures Delivered:

- **Stress Management and Techniques** at Scholar United Forum of NICED in 2013.
- **Freudian Dream Analysis** at Cognizant Technology Services, Bantala Centre in 2013.
- **Need for Personality Testing in Counselling** for students at Dept. of Education, Seth Soorajmull Jalan Girls’ College, Kolkata in 2013.
- **Gender Sensitivity in Today’s World**, at Institute of Engineering and Management, as a part of Management Development Program (MDP) in 2015.
- **Career in Psychology: Career Fair**, Rastraguru Surendranath College, 2016.
- **Root Cause & Recovery of Sick Industries**, at Indian Statistical Institute (ISI), Kolkata, on 31-05-2018.
- **Key Note Speaker on Brain Disorders & Therapeutics & Mental Health & Psychology** at

Joint Event on 5th International Conference, Edinburgh Scotland, Nov, 05-06, 2018.

- **Conducted Workshop as a Resource Person: Career Interest Assessment & Counseling**, at Rabindrik Psychotherapy Research Institute, Kolkata, on 06-07-2019.
- **Conducted Workshop as a Resource Person: Growing in a group – ‘Leadership & Group Effectiveness’ – A Faculty Development Programme (FDP)**, at Kazi Nazrul University, Asansol, Centre for Counseling & Positive Psychology (Member of International Association for Counseling), on 20-09-2019.
- **Conducted 1-Day National Webinar as an Invited Speaker: Impact of Covid-19 Pandemic on the Student Community: Challenges and Opportunity**, organized jointly by the Regional Outreach Bureau, Ministry of Information and Broadcasting, GoI and Department of Mass Communication & Videography (Rabindra Bharati University), on 18-07-2020.
- **Conducted 2-Day International Webinar as a Resource Person: Necessity of Positive Psychological Approach to Others**, organized by The Professional Institute of Business, Accredited by World Emotional Literacy League (WELL), USA, on 8th and 9th August, 2020.
- **Conducted 1-Day International Webinar as a Resource Person: Mental Health Issues & Suicide Prevention**, organized by The Professional Institute of Business, Accredited by World Emotional Literacy League (WELL), USA, on 15th August, 2020.
- **Conducted 1-Day International Webinar as a Resource Person: Emotional Well-being & Coping Strategies during COVID-19**, organized by The Professional Institute of Business, Bangladesh, Accredited by World Emotional Literacy League (WELL), USA, and Associated with EQ 4 Peace – USA, on 15th August, 2020.
- **Conducted 1-Day Webinar as a Resource Person: Developing Resilience by Practicing Anulom Vilom Pranayama**, organized by 4th World Congress on Rare Diseases and Orphan Drugs, on 23rd October, 2020.

Awards:

- 1st Class 1st in Post-Graduation, 1995. (Applied Psychology Department, University of Calcutta).

Other notable activities:

Sl No.	Program	Duration	Organized by
1.	Joint Convener of Orientation Courses 88.	Jan 31 – Mar 1, 2011	UGC Sponsored Academic Staff College, University of Calcutta
2.	Participant at Refresher's Course in Behavioral Science.	Nov 14-Dec 3, 2011	UGC Sponsored Academic Staff College, University of Calcutta
3.	Joint Coordinator of the Orientation Programme, No.95.	Jun 23-Jul 21, 2012	UGC Sponsored Academic Staff College, University of Calcutta
